

Singalila Ridge Trek



From Darjeeling hills where tea plantations stretch as far as the eye can see, to Sikkim, an ancient Himalayan kingdom of Tibetan culture, this trek offers breath-taking views of the Himalayan range from Cho Oyo to Kanchenjunga.

The Singalila range is one of the rare spots on earth where the view embraces five summits rising above 8000m, amongst them Everest, Makalu and Lhotse. On these 19th century English Lords trails, you will trek on easy narrow paths along the Indo-Nepali border, sometimes at the edge of the jungle, sometimes through rhododendron forests. The visit of the main Sikkim monasteries (Pemayangtse, Tashiding and Rumtek) provides a touch of culture and makes of this journey a rare venture.

Region: Sikkim Himalaya

Best Season: Mid Feb – June & Aug – Mid December

Max. Altitude: 3640 mts/11940 ft

Duration: 11 days

Grade: Easy to Moderate

Day 01: Arrive Delhi

Upon arrival at Delhi airport met our representative and then transfer to pre booked hotel. Overnight in the hotel.

Day 02: Delhi – Bagdogra – Darjeeling (124 kms/3-4 hrs)

In the morning after early breakfast transfer to domestic airport and from here catch an internal flight for Bagdogra airport. Upon arrival at Bagdogra airport met our representative and drive towards Darjeeling through a lush green valley, tea garden and thick



forest. On arrival transfer into hotel. Evening free to explore the surroundings. Overnight stay in the hotel.



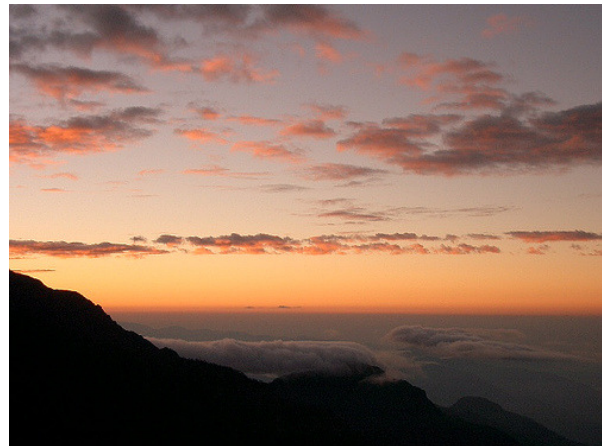
Day 03: Darjeeling - Tiger Hill (Full day sightseeing)

Early morning drive to **Tiger Hill** to for a singular experience of the first rays of the sun bathing the Himalayas. On the return visit the **Ghoom Monastery**. Built in 1875 the monastery which follows the Gelugpa sect, houses one of the largest statue of the Maitreya Buddha-"the future Buddha".

After breakfast drive to Darjeeling Railway Station (10 mins) and take the joyride on the famous heritage toy train till Ghoom. On arrival at Ghoom Railway station transfer to your vehicle and visit **The Himalayan Zoo** which houses the Himalayan fauna like the Red Panda, black bear, yaks, tigers, snow leopard etc. in their natural habitat, and the adjacent **Himalayan Mountaineering Institute** - a premier training centre for mountaineers and a museum detailing the ascent of the Mt. Everest by Tenzing Sherpa & Sir Edmund Hillary and numerous other expeditions. Also visit **Tibetan Self Help Centre**, a centre of training young people in the intricate art of Tibetan handicrafts and handlooms. The sales emporium is open to visitors to pick up souvenirs. Overnight Hotel.

Day 04: Darjeeling - Manay Bhanjang (2134m. 1h 30) by car - **Tonglu** (3070m) in 4h.

Early morning drive from Darjeeling to trek point. The trail overlooks the Bengali plain south, and we have tantalising glimpses of Kanchenjunga ahead, as we zigzag through rhododendrons.



Day 05: Tonglu - Garibas (2620m) in 4h.

We take a mossy paved path that snakes through a succession of forests and hamlets, giving



way, from time to time, to spectacular mountain sceneries.

Day 06: Garibas - Sandakphu (3640m) in 4.5 hr.

We steadily climb to join the ridge trail towards Kalpokhari. Afterwards we start a long and steep climb onto the Singalila ridge that leads us to Sandakphu. A remarkable 360 ° view from the top.

Day 07: Sandakphu - Phalut (3600m) in 6h.

We walk to a prominent viewpoint for the magnificent sunrise over the Kanchenjunga, Jannu, Everest, Lhotse, Makalu and Cho Oyo. Throughout the day, there are ever-changing views: yak herds, silvery pine forests, tiny lakes ringed with grass, and the snow-capped Himalayan range in the background.

Day 08: Phalut - Raman (2560m) in 5h.

A pleasant descent through the woods takes us to Gorkhey (2500m) then we climb up towards Raman.

Day 09: Raman - Rimbik (2280m) in 4h.

We pass through numerous villages and cross the Sri Khola over a remarkable suspension bridge.

Day 10: Rimbik - Darjeeling by car (3h).

We have come to the end of our trek route and this morning we will drive to Darjeeling, a distance of about 60 km. Overnight at a hotel.



Day 11: Darjeeling - Bagdogra

In the morning after breakfast drive to Bagdogra airport to catch onward flight for Delhi. On arrival at Delhi transfer to international airport.

Trip & Services Ends Here

Trekking Equipments List

- Trekking shoes or Regular sports shoes Nike or Adidas
- One warmer (jacket or equivalent with hood)
- One wool shirt or sweater, Two cotton shirts/T-Shirts
- One pair cotton trousers or shorts
- One pair shorts or calf-length skirt for women
- Three pairs of regular underwear
- Long underwear - thermal or wool
- Wind- and rain-gear with hood, Sun hat, Cotton socks 4 pair
- Personal first-aid kit including medication for common ailments
- Flashlight with extra batteries, Sunglasses
- Water bottle, preferably wide mouthed, with at least one liter capacity
- Pocket knife, Camera, Note book with pens and pencils
- Plastic bags - small size for books, film etc., larger bags for clothes
- Sun cream lotion
- Personal toiletries