

Indrahar Pass Trek



The ridges over the Dhaula Dhar do not lend themselves to easy trekking. This trek over the Indrahar pass is no exception, even though it follows one of the more established trails used by the Gaddi shepherds enroute to their summer grazing pastures in the upper Ravi Valley and Lahaul. The ridges over the Dhaula Dhar do not lend themselves to easy trekking. This trek over the Indrahar pass is no exception, even though it follows one of the more established trails used by the Gaddi shepherds enroute to their summer grazing pastures in the upper Ravi Valley and Lahaul. The ascent to the Indrahar Pass involves a continual climb often over scree or boulders.

The views compensate: to the south, there are spectacular views of the Indian plains; to the north is the sacred peak of Mani Mahesh Kailash and the snowcapped Pir Panjal Range. Beyond the pass an ill defined trail leads through the Hindu villages and temples to the upper Ravi to the Indrahar Pass involves a continual climb often over scree or boulders. The views compensate: to the south, there are spectacular views of the Indian plains; to the north is the sacred peak of Mani Mahesh Kailash and the snowcapped Pir Panjal Range. Beyond the pass an ill defined trail leads through the Hindu villages and temples to the upper Ravi valley



Area: Himachal Pradesh

Duration: 10 days

Max Altitude: 4375 mts/14,350 ft

Grade: Moderate

Season: May - June & August - Mid Oct

Day 01: Arrive Delhi

Upon arrival at Delhi airport met our representative and then transfer to pre booked hotel. Overnight in the hotel.

**Day 02: Delhi – McLeodganj** (2196 mts/7,200 ft)

Morning leisure. In the afternoon transfer to railway station to board Shalimar express train at 15:55 hrs from New Delhi railway station. Overnight journey. Dinner in pantry car.

Day 03: Arrive McLeodganj

Early morning arrive at McLeodganj by 03:30 hrs. Enroute wash & change followed by breakfast, afternoon time at leisure to relax, evening a brief on the entire program and distribution of equipments, dinner & overnight in hotel.

Day 04: McLeodganj - Triund (2994 mts/9818 ft.) 10 kms/3-4 hrs

Early breakfast – your trek begins towards Triund passing through Dhramkot. The trail to Triund is generally gentle except last few kms. Dinner & overnight in tents.

Day 05: Triund – Lahesh Cave (3598 mts/11800 ft) 9 kms/ 3-4 hrs

Post breakfast – This day the trail follows the ridge behind the prayer flags above the. The trail climbs generally through oak and conifer forest and across the open meadows to the encampment at Laka Got. The last 200 - 300 mts is tiring to Lahesh Cave. Dinner and overnight in tents.

Day 06: Lahesh Cave – Indrahara Pass (4375 mts/14,350 ft) – **Chatru Parao** (12 kms/6 -7 hrs)

Early morning breakfast. Commence uphill



trek with packed lunch. At the higher elevations there is a steep 300 – 400 m ascent towards the crest of the Dhaula Dhar, before a 1 Km traverse just below the ridge to the Indrahara



Pass. From the pass one can view Pir Panjal Range in the north and Mani Mahesh Kailash (5656 M) peak in the east. Descend from the pass to Chatru Parao. Dinner & overnight in tents

Day 07: Chatru Parao - Kuarsi (2747 mts/9010 ft) 15 kms/ 6 - 7 hrs

Start trek with packed lunch, the trail follows the true left of the valley for the first few kms. Later the trek crosses the valley on a permanent snow bridge and ascends steeply to an open meadow. Continue down the true right of the valley and after crossing a series of meadows finally descends to Kurasi. Dinner & overnight in tents.

Day 08: Kuarsi - Machetar (5886 ft) - **Chamba** (16 kms/ 5 - 6 hrs) Traveling 80 kms/3 – 4 hrs

Post breakfast, continue trek downhill with packed lunch. Today's trek continues into the valley and from the top mountain views of the whole region can be seen. Descend along the Barley fields to hit the road head to Machetar. From Machetar drive towards Chamba. Dinner & overnight stay in FRH/hotel.

Day 09: Chamba – Pathankot - Delhi

After breakfast drive for Pathankot to catch Jhelum Express for New Delhi at 23:55 hrs. Overnight journey.

Day 10: Delhi

Arrive New Delhi railway station at 09:30 hrs and then transfer to international airport to catch onward flight.

Trip and services end



Trekking Equipments List

1. Trekking boots - well broken in and waterproofed
2. Down jacket or equivalent with hood, One heavy wool shirt or sweater
3. Two cotton shirts
4. One pair cotton trousers or shorts, One pair woolen trousers
5. One pair shorts or calf-length skirt for women
6. Three pairs of regular underwear, Long underwear - thermal or wool
7. Wind- and rain-gear with hood
8. Sun hat with brim
9. Woolen hat or balaclava, Woolen gloves
10. Woolen socks to wear with boots, Cotton socks
11. Personal first-aid kit including medication for common ailments
12. Flashlight with extra batteries
13. Sunglasses or snow goggles (an extra pair is recommended)
14. Water bottle, preferably wide mouthed, with at least one liter capacity
15. Pocket knife, Note book with pens and pencils
16. Plastic bags - small size for books, film etc., larger bags for clothes, sleeping bags
17. Well fitting strong shoes with a couple of woolen socks. The shoes should be used before treks to avoid blisters.
18. First aid set for minor accidents and sickness.
19. A raincoat is necessary to meet uncertainties of weather.
20. Chocolates, lozenges, candies, glucose and dry fruits provide extra pep and energy.
21. It is advisable not to exhaust energy by walking fast, as otherwise the trek will be not enjoyable.